This 54 year old female patient suffered with this ulcer for the past 4 years. Initial start of the ulcer is unknown. Before she was admitted to the clinic as an outpatient on a weekly basis she was treated two times per week at a local wound care clinic. No Ankle Brachial Index was ever done and no application of compression was applied. Since she is a foreigner she paid privately for the treatments.

**DRESSING DETAILS:**

Contreet was the dressing of choice due to:

- The highly absorbent foam dressing creating a moist wound healing environment
- The clinically proven anti-microbial effect on various microorganisms commonly found in chronic ulcers also controlling odour causing bacteria

Treatment was started with Contreet foam as the primary dressing with the application of four-layer compression bandaging to reduce the venous hypertension. Weekly follow-up visits commenced.

**KEY POINTS**

- Patient with a history of chronic ulceration for four years
- Previously treated with very expensive dressings with slow results
- Ulcer significantly impacted on the patients life and family
- Contreet chosen as the dressing of choice throughout the treatment of the patient
- Reduction in exudate, pain and odour during the first week
- Successful wound closure within 12 weeks
CONCLUSION

The properties of Contreet foam dressing have proved to be successful in this case. Not only was there clinical evidence of improvement but also improvement in the quality of life of the patient. The patient found the dressings comfortable and the 4-layer compression bandages supporting. No complaints were raised regarding dressing removal. After the twelve weeks of treatment the wound had closed and the patient was able to continue with compression stockings without any wound dressings. The most important factor to her was that she could go home to her husband without any wounds.